

Plantable Paper

Materials

- Old paper (school worksheets, newspaper, scrap paper, junk mail)
- Bowl or bucket
- Blender (use an old or cheap one if possible, paper can be a lot to handle)
- Colander
- Seeds
- Cooling rack
- Towel

Optional

- Food coloring to add during step 2
- Cookie cutters to make your shapes

Directions

1. Rip up your paper into small pieces, the smaller the better! Put all of the pieces into a bowl or bucket.
2. Add enough water to the bowl to cover all of the paper. Mix it around to make sure the pieces are thoroughly soaked then let it sit for at least 5 minutes.
3. Empty the bowl into the blender and, if necessary, add water until it's a couple inches above the paper. You only want to have the blender half full at the most.
4. *ADULTS* Blend the paper until it has an oatmeal-like consistency. Use settings like "pulse" or "burst" so as not to overwhelm the blender.
5. Pour the blended paper pulp into a colander and mix it around to get out some of the excess water. Make sure the pulp is still wet enough to hold together, then put the pulp into your bowl.
6. Now it's time for your seeds. Knead the seeds into the pulp until they're evenly distributed.
7. Take a handful of your pulp and mold it into whatever shape you want! Once you've made your shape, put it on the towel or newspaper and press out as much water as you can.
8. Place your shape onto the cooling rack and leave it in the sun if you can! It can take a couple days to completely dry depending on the size of your shape.
9. Once your paper has dried it's ready to be planted!

